

# PATHWAYS CHIROPRACTIC & WELLNESS

**Q:** Is there really a need for my child to see a chiropractor?

**A:** Chiropractors have included children in their wellness practices for more than a hundred years. If you go to any chiropractor's office who adjusts children you will find that, in addition to the research, parents report that their children with ear infections, colic, bed-wetting, asthma, hyperactivity, and any other conditions have improved with chiropractic adjustments.

Considering all the falls, accidents, jars, jerks, and jolts the average child faces, it's no surprise that such a massive amount of children have faulty postures or curvature of the spine, which may cause headaches, auditory problems, dizziness, motor problems, and other disturbances.

In fact, a comparative study of kids raised under chiropractic versus those raised under medicine showed that chiropractic kids are less prone to infections such as otitis media (inner ear infections) and tonsillitis and that their immune systems are better able to cope with allergens as compared to children raised under traditional medicine. The chiropractic kids also used fewer antibiotics and recovered more rapidly from injury or illness.

For many families in the U.S., chiropractic care is no longer an alternative, but an integral part of regular health care, both for health promotion and the treatment of common diseases. Every child from birth onward should have access to chiropractic care to correct vertebral subluxations, which interfere with the ability to be as healthy as possible.

For a FREE consultation for your child with Dr. Beth call 751-1161.



**Dr. Beth Holwegner**

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*"Leading you naturally along the path toward optimal health"*